

# Professional Development Course

## Pressure Ulcer Prevention & Management for Occupational Therapists

24, 25 February and 23, 24 March 2012

University of Ulster, Jordanstown campus, Northern Ireland

Module/Course Co-ordinator – Dr May Stinson, [md.stinson@ulster.ac.uk](mailto:md.stinson@ulster.ac.uk)  
Jackie Casey, [j.casey2@ulster.ac.uk](mailto:j.casey2@ulster.ac.uk)

Module Code – OTH813  
CRN - 40190

Enabling clients to remain free of pressure ulcers will contribute positively to their health and quality of life, and significantly reduce healthcare costs. This course offers participants the opportunity to advance their knowledge and clinical skills in pressure ulcer prevention and management within a context of evidence-based practice in order to promote effective clinical decision making.

### Outline Programme

**Days 1 & 2**  
**24, 25 February 2012**

Pressure ulcers pathophysiology, risk factors and clinical guidelines.  
Risk assessment, identification and documentation of pressure ulcers, and OT intervention.

**Days 3 & 4**  
**23, 24 March 2012**

Heel pressure ulcers, pressure mapping and cushion evaluation, pressure ulcer management and multidisciplinary team working.

COT endorsement being processed

[www.ulster.ac.uk/ahpacademy](http://www.ulster.ac.uk/ahpacademy)



**The Academy**  
of Allied Health Professionals

# Pressure Ulcer Prevention & Management for Occupational Therapists

## Introduction

This module gives clinicians the opportunity to enhance their clinical reasoning skills in the prevention and management of pressure ulcers. It addresses the impact of pressure ulcers on patients and on health service resources. Participants will have the opportunity to reflect critically on their everyday practice and obtain the clinical skills necessary to complete a high quality holistic assessment of contributory factors and competently undertake a range of evidence-based intervention strategies to reduce the impact of pressure ulceration on the client.

## Who should attend?

This course is primarily for occupational therapists involved in the rehabilitation of clients at risk of developing pressure ulcers.

## Course Content

**Days 1&2** – Pressure ulcers pathophysiology, risk factors and clinical guidelines. Risk assessment, identification and documentation of pressure ulcers, OT intervention.

**Days 3&4** – Heel pressure ulcers, pressure mapping and cushions, managing pressure ulcers, multidisciplinary team working and case studies.

## Course Content

- Pressure ulcers: the scale of the problem
- Pathophysiology of pressure ulcers
- Intrinsic & extrinsic risk factors
- Pressure ulcer practice guidelines
- Identification, assessment and documentation of pressure ulcers
- Risk assessment
- Evidence based OT intervention: positioning and support surfaces
- Heel pressure ulcers
- Pressure mapping & cushion evaluation
- When not to sit – case studies
- Multidisciplinary team working
- Managing pressure ulcers: assistive technology and dressings

## Key Speakers

Dr Michael Clarke, Dr Shelley Crawford, Dr Jeanie Donnelly, Lorna Semple, Dr May Stinson

## Speaker Biographies

**Dr Michael Clarke** PhD, BSc (Hons) Zoology

Michael has extensive experience in the areas of pressure ulcer prevention and wound healing. He is currently an independent consultant, having worked previously as a Senior Research Fellow in the Department of Dermatology and Wound Healing at Cardiff University. Dr Clark was Clinical and Marketing Director of Pegasus Airwave Ltd from 1993-1997, and Manager of the Centres of Excellence for Technology and Industrial Collaboration from 2004-2008. He is Chief Executive of the Lindsay Leg Club Foundation and President Elect of the European Pressure Ulcer Advisory Panel. He was Editor-in-Chief of the Journal of Tissue Viability for ten years. He is a past Council member of the European Wound Management Association and previously served as Senior Consultant to the US National Pressure Ulcer Advisory Panel.

**Dr Shelley Crawford** PhD, BSc (Hons) Occupational Therapy

Shelley is a Lead OT in the Mater Hospital, Belfast Health and Social Services Trust. She specialises in complex seating, postural management and pressure care. Shelley is currently involved in both local and regional groups in the area of complex seating and delivers regional and national seating and postural management courses for OTs and Physiotherapists. Shelley has been a guest reviewer for a number of national and international guidelines in her field of expertise and has a number of journal publications, international conference presentations and a book chapter. She is also a guest lecturer at Queens University and the University of Ulster.

**Dr Jeannie Donnelly** PhD, BSc (Hons) Health Studies, RGN

Jeannie is the Lead Nurse in Tissue Viability in the Belfast Health and Social Services Trust. She is also a Teaching Fellow Assistant at Queen's University Belfast. Jeannie has fifteen years of clinical and research experience in pressure ulcer prevention and management, and has particular expertise in heel pressure ulcer prevention. Jeannie is an active member of the European Pressure Ulcer Advisory Panel, has published journal articles in this area and has been an invited speaker at a number of national and international pressure ulcer conferences.

**Lorna Semple** RN, BSc (Hons) Tissue Viability, Diploma in Professional Studies in Nursing (Tissue Viability)

Lorna has been working as a senior Tissue Viability Nurse Advisor within the Belfast Health and Social Services Trust for nine years. She has a special interest in pressure ulcer prevention and management. She has taught at Queen's University, Belfast and currently runs post-graduate courses for occupational therapists and physiotherapists, focusing on the prevention and management of pressure ulceration. Lorna has acted as a guest reviewer of national guidelines and has published within nursing literature.

**Dr May Stinson** PhD, MSc, BSc (Hons) Biochemistry, BSc (Hons) Occupational Therapy

May is a lecturer in Occupational Therapy at the University of Ulster. She has over ten years experience in seating and pressure care research, investigating the use and clinical application of pressure mapping systems in pressure ulcer prevention. Her research has resulted in a number of journal publications, a book chapter and international conference presentations.



## Further Information

**Date:** 24, 25 February, 23, 24 March 2012

**Time:** 9.00am – 5:00pm (Fridays), 9.00am – 4:00pm (Saturdays)

**Venue:** Room 1F122 University of Ulster, Jordanstown Campus, Northern Ireland

**Fee:** **Credit bearing -** £630 (UK and EU applicants) £1563 (Non-EU applicants)  
**Attendance only -** Days 1, 2, 3 and 4 £480

**Credits:** 30 points at level 7 (Masters level)

**Closing date for applications:** 9 January 2012

**Please note: early applications are advisable as places will be issued on a first come first served basis.**

Please **do not** book any flights or accommodation until you receive confirmation that you have been accepted onto the module. This generally happens soon after the closing date.

This module can be taken: stand-alone (credit bearing) OR as part of a PgCert/PgDip/MSc in Advancing Practice in your profession.

**Northern Ireland NHS applicants only** – if you are seeking a Department of Health (DHSSPS) commissioned place, please **DO NOT** apply online. To find out if there are commissioned places available for this course, please contact your Trust Manager.

# Application for **CREDIT BEARING MODULE** (includes assessment)

Professional Development Course

## Pressure Ulcer Prevention & Management for Occupational Therapists

24, 25 February and 23, 24 March 2012

University of Ulster, Jordanstown campus, Northern Ireland

**Credit Bearing Module (15 credit points) £630 (UK and EU applicants) £1563 (Non-EU applicants)**

**Northern Ireland NHS applicants only** – if you are seeking a Department of Health (DHSSPS) commissioned place, please **DO NOT** apply online or complete the attached application form. To find out if there are commissioned places for this course, please contact your Trust Manager.

**Admission criteria:** please go to: <http://ahpacademy.ulster.ac.uk/courses/> to download the admission criteria.

### How to Apply for this Module

To apply for this module – credit-bearing:

- 1 Go to the University of Ulster homepage: [www.ulster.ac.uk/](http://www.ulster.ac.uk/)
- 2 Click on - How to Apply



### 3 Select – All Other Courses: Apply Online



#### Apply Online

The application process depends upon the level and mode of study. Please select the appropriate item.

##### Undergraduate Full Time

For Undergraduate Full-Time Applications with the exception of the courses below please apply through UCAS



##### All Other Courses

For all other courses including Part-Time, Postgraduate, Research & Distance Study Courses please use the online applications system.



[Online Applications](#)

- 4 You should reach the page below. Please read this page carefully before proceeding. Further help with the application process and step by step instructions are available from: <http://ahpacademy.ulster.ac.uk/courses/>. Please download and use the instructions provided to ensure that you apply for the correct course (PgCert/PgDiploma/MSc in Advancing Practice) OR module (stand-alone module). You will require the Module Title/Module Code/CRN code on the first page of this document to help you with the application.

#### How to Login to the Online Application System

Welcome to the Online Application System for

1. Part-time Undergraduate programmes.
2. International Exchange/Study Abroad programmes - only open to those whose universities have Exchange/Study Abroad/other current agreements with UU.
3. Taught Postgraduate programmes
4. Distance Learning programmes
5. Research programmes.

This facility cannot be used to apply for full-time undergraduate degree programmes. Application for such programmes must be made through UCAS. Please see [the UCAS website](#) for further information on how to apply.

If you are a current University of Ulster student on an HND, Foundation Degree or Associate Bachelors Degree and wish to apply for a related full-time undergraduate degree programme, please contact the [Admissions Office](#) for advice on how to apply.

##### FIRST TIME USERS

If this is the first time you have used this service please click on 'FIRST TIME USER ACCOUNT CREATION' at the bottom of this page to create your own Login ID and PIN. Please keep a record of the Login ID and PIN you create for future use. Please note that the Login ID is case sensitive.

##### RETURNING USERS

If you are a returning user, wishing to check on the progress of an application or to make a new application, please enter your existing Login ID and PIN and then select Login. If you have forgotten your Login ID and/or PIN, please contact the [Admissions Office](#). Please do not allow anyone else to use your ID to submit their applications.

⚠ This system requires the use of HTTP cookies to verify authorization information. Our system has detected that your browser has disabled HTTP cookies, or does not support them. Please refer to the Help page for more information on how to correctly configure your browser for use with this system.

Please note that only applications for one person can be processed against an individual Login ID and PIN, and that each user must set up their own login details in order to apply.

In order to view these pages fully and clearly, please set your web browser to the full screen setting.

Login ID:

PIN:

[First time user account creation](#)

RELEASE: 8.3

This module can be taken: stand-alone (credit bearing) OR as part of a PgCert/PgDip/MSc in Advancing Practice in your profession.

For further information or a draft programme please visit website [www.ulster.ac.uk/ahpacademy](http://www.ulster.ac.uk/ahpacademy) or contact:

Maria Keenan

T: +44 (0)28 9036 6608

E: [M.Keenan1@ulster.ac.uk](mailto:M.Keenan1@ulster.ac.uk)

**Closing date for applications is 13 January 2012**

# Application Form for **ATTENDANCE ONLY** (no assessment or credit)

Professional Development Course

Pressure Ulcer Prevention & Management for Occupational Therapists

24, 25 February and 23, 24 March 2012

University of Ulster, Jordanstown campus, Northern Ireland

**Closing date form applications: 13 January 2012**

I wish to apply for an **attendance only** place on the above programme and enclose the fee:  
(please tick the following as appropriate)

Attendance only (4 days)

£480

☐

Payment in full must be enclosed to secure an attendance only place on this course – see Payment and Cancellation Policy:

<http://ahpacademy.ulster.ac.uk/fs/doc/Payment%20and%20Cancellation%20Policy%2024.08.10x.pdf>

## PERSONAL INFORMATION

MR/MS/MRS/MISS: ☐

FORENAMES:

SURNAME:

Do you have a disability or a medical condition (e.g. Dyslexia, visual impairment, mobility issue) which might affect your studies and for which special arrangements might have to be made to facilitate your study

☐ YES ☐ No If yes please provide details:

Lunch and refreshments will be provided on a daily basis. Please indicate whether you have any specific dietary requirements below:

HOME ADDRESS:

POSTCODE:

TEL. NO. (HOME):

MOBILE NO:

NAME & ADDRESS OF WORK PLACE:

POSTCODE:

PROFESSION:

POSITION HELD:

TEL NO (WORK):

EMAIL ADDRESS:

H.P.C REGISTRATION: YES ☐ NO ☐

Where did you hear about this course?

Applicants Signature:

Date:

# METHODS OF PAYMENT

## CHEQUES

Cheques should be made payable to the University of Ulster and crossed. Cheques can only be accepted if in Sterling or Sterling Draft. Unfortunately it is not feasible to invoice your company/employer.

Please see our website for further information on accommodation and flights [www.ulster.ac.uk/ahpacademy](http://www.ulster.ac.uk/ahpacademy).

Please **do not** book any flights or accommodation until you receive confirmation that you have been accepted onto the module. This generally happens soon after the closing date.

For further information or a draft programme please visit website [www.ulster.ac.uk/ahpacademy](http://www.ulster.ac.uk/ahpacademy) or contact Maria Keenan Tel: +44 (0)28 9036 6608 Email: [M.Keenan1@ulster.ac.uk](mailto:M.Keenan1@ulster.ac.uk) .

In order to secure your place you must send the course fee in full along with your completed application form by 13 January 2012 to AHP Academy Applications at the address below:

AHP Academy Application Forms  
University of Ulster  
Shore Road  
Newtownabbey  
Co Antrim, BT37 0QB  
Tel: +44 (0)28 9036 6608  
Fax: +44 (0)28 9036 8419  
Email: [M.Keenan1@ulster.ac.uk](mailto:M.Keenan1@ulster.ac.uk)

**Please note early applications are advisable as places  
will be issued on a first come first served basis.**

**The closing date for all applications is 13 January 2012**