

<b>Unit title:</b>	<b>Postural Care in the Seated Position</b>
<b>Level:</b>	<b>3</b>
<b>Credit value:</b>	<b>6</b>
<b>GLH:</b>	<b>42</b>
<b>OCNWMR unit code:</b>	<b>PT1/3/NQ/082</b>
<b>QCF unit reference number:</b>	<b>M/506/3565</b>

This unit has 7 learning outcomes.

<b>Learning Outcomes</b>	<b>Assessment Criteria</b>
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the need for postural care in the seated position.	1.1. Evaluate risk factors within an individual's habitual posture and movement relative to seating. 1.2. Explain common problems associated with the seated posture. 1.3. Analyse basic skeletal and internal body structures on diagrams, X-Ray and by palpation. 1.4. Evaluate potential asymmetries and postural problems and the effect on seated posture. 1.5. Explain pathological reflexes and their impact on an individual's posture and movement. 1.6. Evaluate alterations in muscle tone and the effects on seated postures. 1.7. Evaluate factors which will affect an individual's health and well being. 1.8. Evaluate the inter-relationship between lying and seated postures.

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<b>The learner will:</b>	<b>The learner can:</b>
2. Know how to assess an individual's seated posture.	2.1. Analyse the postural care assessment procedure and the roles involved. 2.2. Carry out a seating assessment using appropriate documentation. 2.3. Analyse the results of a seating assessment. 2.4. Evaluate an individual's postural presentation relative to seating. 2.5. Evaluate the risk of pressure damage associated to poor seated postures. 2.6. Analyse a postural care subject's immediate physical and mental well being.
3. Know how to build a stable posture in sitting.	3.1. Simulate a stable posture in sitting by interpreting results from the assessment process. 3.2. Analyse where support is required relative to body shape. 3.3. Explain what body components need to be accommodated in their current position and what can be corrected. 3.4. Explain the effects of balance and stabilisation on muscle tone and function. 3.5. Distinguish between habitual, obligatory and supported postures.

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<b>The learner will:</b>	<b>The learner can:</b>
4. Know how to identify the most appropriate equipment for addressing seating requirements.	4.1. Explain the relevant components of a seating intervention to correlate with a subject's postural presentation. 4.2. Evaluate the need for a custom made approach to postural care in the seated position. 4.3. Analyse the impact of postural care equipment on subject, carer and environment.
5. Understand the principles of achieving thermal comfort for people needing postural care.	5.1. Evaluate possible pathologies of the thermoregulatory system by relating core temperature to body signs. 5.2. Evaluate problems associated with inability to apply heat seeking and heat avoidance behaviour.
6. Understand the principles of postural care provision in seating	6.1. Identify key stakeholders and methods by which relationships may be developed in relation to postural care provision. 6.2. Develop a person centred postural care profile that includes: <ul style="list-style-type: none"> <li>• identifying need for postural care</li> <li>• key stakeholder involvement</li> <li>• communication strategies if appropriate</li> <li>• unsupported and supported postures</li> <li>• baseline measures of body symmetry</li> <li>• plan for review.</li> </ul>

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<b>The learner will:</b>	<b>The learner can:</b>
7. Know about current local provision of postural care in the seated position.	7.1. Analyse the structure of current postural care pathways. 7.2. Analyse alternative funding streams in relation to postural care provision.

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### **Assessment information**

All Assessment Criteria must be evidenced. For guidance on assessment, including principles of assessment and methods which may be used, Centres should consult the OCNWMR publication *Assessment Methods* and the 'Assessment' section of the *OCNWMR Centre Handbook*, both available on our website [www.ocnwmr.org.uk](http://www.ocnwmr.org.uk).

Sector Subject Area (SSA)	1.3
Date from which unit will be available for learners	01/07/2014
Availability for use	Unit restricted to OCNWMR only.
Restricted organisations	OCNWMR
Assessment guidance	N/A