

**Posture & Wheelchair Essentials Training Day
Programme**

| Time | Title | Speaker & Chair |
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| 10:00 – 10:25 | <p>Critical Measures in Postural Assessment</p> <p><i>This session will consider what “good” posture is and why this is important for an individual in terms of function and participation. Consideration will be given to the importance of the pelvis when building a stable posture in sitting and why it is necessary to understand the link between lying and sitting postures. This session will focus on the assessment process and why it is important to understand range of movement (ROM) at the hips and knees when assessing for seating. Lack of assessment and accommodation of limitations can be detrimental to the individual and this will be demonstrated within the session. Finally, how to accommodate these limitations will be covered within the session through the use of different seating components.</i></p> | <p>Speaker: Gail Russell Occupational Therapist/Expert Witness Independent</p> <p>Chaired by: Theo Sawford</p> |
| 10:30 – 10:55 | <p>Seating as part of a 24-hour approach to posture management</p> <p><i>This session explains that therapeutic seating alone is not sufficient to protect a person’s body shape where asymmetrical positions are adopted for long periods in lying. For therapeutic seating strategies to continue to be used comfortably and successfully, therapeutic lying postures must also be adopted. A typical 24-hour period will be considered in terms of positioning and the percentage of time a person spends in lying positions highlighted. Therapeutic and destructive postures in lying will be explained and demonstrated. Some common body shape changes resulting from destructive, asymmetrical lying postures will be explored and their impact on the ability to sit explained. The reasons why assessment in lying is necessary and why therapeutic positioning in lying is so effective, will be discussed.</i></p> <p><i>The sessions looks at where and when therapy and equipment have historically been centred and how the multidisciplinary team must work alongside family carers, and the individual, to produce a 24-hour approach that is gentle, safe, humane and effective.</i></p> | <p>Speaker: Sarah Clayton CEO Simple Stuff Works</p> <p>Chaired by: Theo Sawford</p> |
| 11:00 – 11:25 | <p>Pressure Care</p> <ul style="list-style-type: none"> • <i>Some statistics of incidences of pressure ulcers</i> • <i>Main causes of pressure ulcers</i> • <i>Revision of the classification of pressure ulcers</i> • <i>How to minimise the risk of pressure ulcers</i> | <p>Speaker: Joanne McConnell Business Manager/Occupational Therapist Ottobock Mobility</p> <p>Chaired by:</p> |

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| | <ul style="list-style-type: none"> Up-to-date choices of different materials for pressure cushions, and pros and cons of each option <p><i>Cushions will be on display to demonstrate the different choices available from foam, air and gel materials for pressure relief.</i></p> | Theo Sawford |
| 11:30 – 11:55 | <p>Powered Mobility for Children <i>This presentation will provide a guide to the research, resources and reasons to access powered mobility in the UK (for young disabled children).</i></p> <p><i>Providing a powered wheelchair to a young disabled child offers exciting learning opportunities but also presents real challenges for the prescriber: Which is the right product for the child? How do I measure the child's progress? Is it safe, and where should it be used? and many more. Graham will share information and resources to help you consider the value of providing powered mobility for your client and how you can access the schemes that are available.</i></p> | <p>Speaker: Graham Race Bugzi Loan Scheme Project Lead MERU, Queen Elizabeth's Foundation</p> <p>Chaired by: Mohamed Mirghany</p> |
| 12:00 – 12:45 | <p>Increasing independence through the correct configuration of powered wheelchairs <i>This presentation will give an overview of the different types of powered wheelchairs available, their advantages and disadvantages, functions that are available on these powered chairs and how they can enhance independence. It will give the audience a better understanding how a powered wheelchair can be programmed to suit the user's individual needs and therefore promote independence.</i></p> | <p>Speaker: Monica Young Lead Rehabilitation Engineer Dorset Wheelchair Service</p> <p>Chaired by: Mohamed Mirghany</p> |
| 13:00 – 13:30 | <p>National Wheelchair Managers' Forum (NWMF) Annual General Meeting (AGM)</p> | <p>Chaired by: Krys Jarvis Chair NWMF</p> |
| 13:35 – 13:55 | <p>Wheelchair Leadership Alliance update <i>This presentation will provide an overview of the progress that has made by the Wheelchair Leadership Alliance since the two Wheelchair Summits held in 2014. It will include information on the work completed so far by the Alliance, and how professionals, users and carers can help to support the group.</i></p> | <p>Speaker: Krys Jarvis Chair NWMF</p> <p>Chaired by: Monica Young</p> |
| 14:00 – 14:25 | <p>Basic Wheelchair Assessment <i>The presentation is based on a section from the Accredited Prescriber Training pack that is used at North Tees and Hartlepool Wheelchair Service/Northern Region. This section includes an outline of the measurements that are required to be taken when measuring a client for a wheelchair and how to then adjust the wheelchair in line with these measurements. The presentation also includes an overview of the</i></p> | <p>Speaker: Judith Ruddle Wheelchair Service Manager North Tees and Hartlepool Foundation Trust</p> <p>Chaired by:</p> |

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| | <i>problems encountered when clients are not correctly measured or wheelchairs not correctly set up.</i> | Monica Young |
| 14:30 – 14:55 | <p>The little black book of wheelchair solutions</p> <p><i>The presentation will look at a range of common problems that can occur with wheelchair uses, considering causes of these problems and suggesting simple solutions to solve them. These problems will include feet sliding off footplates, leaning to the side when seated in a wheelchair or leaning forwards, and also solutions for when someone slides down in a wheelchair. The presentation will focus on the referral process, and give advice on the relevant information that needs to be included on a referral to a wheelchair service to ensure that the most suitable equipment is issued to a patient, and also how to measure a patient correctly for a wheelchair, to ensure that they are issued with a wheelchair that is a suitable size.</i></p> | <p><u>Speakers:</u></p> <p>Katie Miller Occupational Therapist Leicester Wheelchair Service/Blatchford</p> <p>Emily Wing Operational Lead Leicester Wheelchair Service/Blatchford</p> <p>Chaired by: Monica Young</p> |