

The West Midlands Rehabilitation Centre
Practical approach to Spasticity Management
at Crowne Plaza Hotel, NEC – 29th–30th April 2020

Day 1 29th April 2020 Wednesday		
Time	Topic	Presenter
08:30	Arrive & register	
09:00	Welcome	Dr Martina Walsh Senior Consultant & Lead in Rehabilitation Medicine WMRC
09:05	Pathophysiology of spasticity	Prof Bakheit Senior Consultant Rehabilitation Medicine
09:50	Assessment, outcomes measures and algorithm of spasticity management	Dr Zacchaeus Falope Senior Consultant Rehabilitation Medicine & Clinical Director
10:30 – 10:45	Coffee Break	
10:45	Approaches to Therapy Management	Nicola Moorcroft, Physiotherapist
11:25	Static versus dynamic orthoses in spasticity	Suzanna Salmon /Rehana Ali Orthotics department WMRC
12:05- 13:00	Posters/Stalls/Lunch	
13:00	Different roles of FES in spasticity	Christine Singleton, Carla Peace WMRC FES Team
13:40	Impact of spasticity on the provision of seated mobility	Emily Moynihan, WMRC Regional Posture & Mobility Team, Dr Walsh Consultant in Rehabilitation Medicine
14:20 – 14:35	Coffee Break	
14:35	Pharmacological Management of spasticity	Jenny Curran, Physiotherapist Dr Laura Smith Consultant in Rehabilitation Medicine
15:20	Neurotoxins used in spasticity management; overview and comparison	Sian Randerson Physiotherapist & Injector Dr M S Chughtai Consultant in Rehabilitation Medicine
16:00	Upper Limb Anatomy (brief revision)	Rachel Fisher, Physiotherapist & Injector
16:15	Lower Limb Anatomy (brief revision)	Anthea Liptrot, Physiotherapist & Injector
16:30	End of day 1	

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Day 2
30th April 2020
Thursday

Time	Topic	Presenter
08:30	Arrive	
09:00	Botulinum toxin A use in Upper limb spasticity (different case scenarios)	Mr J Tadvi Consultant in Rehabilitation Medicine
09:40 – 10:20	Common presentations in lower limb spasticity & Spastic Gait with Use of Botulinum Toxin	Dr M S Chughtai Consultant in Rehabilitation Medicine
10:20 – 11:00	Nerve block and Intrathecal Phenol (ITP) treatment for spasticity management	Dr Sudha Balakrishnan Consultant in Rehabilitation Medicine & ITB Lead
11:00--11:15	Coffee break	
11:15 – 11:45	Intrathecal Baclofen (ITB) in spasticity management	Dr Ali Asar Senior Consultant in Rehabilitation Medicine Claire Beddall CNS ITB
11:45 – 12:45	Patients & Group based case discussions (Most common clinical scenarios)	WMRC Spasticity team
12:45 – 13:45	Lunch and Ultrasound practice	
13:45 – 14:25	Surgical role in Upper Limb spasticity	Mr Mike Craigen Senior Consultant Trauma & Orthopaedics at Royal Orthopaedics Hospital, (Special Interest in Upper Limb)
14:25 – 15:05	Sialorrhoea management	Dr Diba Shariat Consultant in Rehabilitation Medicine
15:05- 15:20	Coffee Break	
15:20 – 16:20	Ultrasound Workshop for Muscle/nerve identification/Needle guidance for injections	Dr Shariat, Mr Tadvi, Anthea Liptrot, Sian Randerson, Dr Chughtai
16:20—16:30	Questions/discussion FINISH	

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