

Adding Life to Years: Custom Seating Strategies for Older Adults with Congenital Disabilities

Daniella Giles, Sunrise Medical

Summary

This clinical practice workshop explores specific strategies for custom seating systems for adults with highly complex postures arising from congenital conditions. Using several case studies we will address how your assessment, fitting and carer interactions can support success.

Objectives

After this session, participants will be able to:

- Outline 3 elements of the assessment process that contribute to successful outcomes.
- Describe 2 solutions to improve outcomes in a multiple caregiver environment.
- Analyse two methods to determine if custom moulded seating is successful at time of delivery.

Clinical detail

This workshop will highlight distinctive considerations in the evaluation and implementation of custom moulded seating to individuals in their 4th and 5th decade of sitting. We will outline fundamental characteristics of orthotic and prosthetic science, how to apply the principals to this population and the importance of its impact. Attention will be given to intrinsic, extrinsic and environmental barriers to participation. We will discuss techniques to mitigate these factors throughout the service provision process. Case studies will be used to outline all major concepts and standardised outcome measures.

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Email: Daniella@ridedesigns.com