

Posture beyond mobility

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Posture affects our clients 24 hours a day, not just in seating, but at all times.

This session gives an overview of the pelvis, its abnormal postures, and how these postures impact our clients, carers and staff.

Presentations will cover:

- How to recognise an abnormality
- How to assess if it is fixed or moveable
- What solutions are there?

There will be a practical demonstration of solutions in sitting and lying to share a 24-hour approach.

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