

**Kate Stanforth**  
**Disability Activist, Charity Founder & Dancer**

Kate Stanforth, 28, is a disabled dancer, teacher, and activist.

Whilst training in the hope of becoming a professional ballerina, she became severely unwell at the age of 14 and never fully recovered.

Kate, now an ambulatory wheelchair user, uses her experiences of both her past non-disabled and currently disabled life to push for better services, equipment, and overall disability acceptance. She dances and teaches from her wheelchair, and has a passion for making dance accessible to all. Kate has now travelled the world dancing, choreographed for TV, appeared in adverts, and won multiple national awards - none of which would have happened without her ability to adapt to her ever-changing condition.

[www.katestanforth.com](http://www.katestanforth.com)

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